

# Salem Area Resources

The Help You Need | When You Need It

June 2018



[www.midvalleyresources.org](http://www.midvalleyresources.org)

CREATED BY:



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**GENERAL INFORMATION**

Agency / Name	Description	Address	Number
NWHS Crisis and Information Hotline	24/7 information, support, and referral to community resources		503-581-5535
211 Info	Information on community resources	National	<b>Dial 211 or call 1-866-698-6155</b>

**BUS PASS ASSISTANCE (SALEM/KEIZER)**

Agency / Name	Description	Address	Number
NWHS Crisis and Information Hotline	Daily passes as available.		503-581-5535
Catholic Community Services	Daily passes as available.	3737 Portland Rd NE	503-390-2600
Congregations Helping People	Daily passes as available. Monthly passes sometimes available.	600 State St NE	503-391-4365

**CHILDCARE RESOURCES**

Agency / Name	Description	Address	Number
Child Care Resource and Referral		Marion/Polk/Yamhill County	Call 211 or text "children" to 898-211
Family Building Blocks	Relief nursery with a variety of programs for ages 0- 5.	2452 Lancaster Dr. NE	503-566-2132
MWCAA Headstart		2475 Center St. NE	503-585-2491

**CLOTHING | FREE**

Agency / Name	Description	Address	Number
Helping Hands	Mon-Thurs & Sat 9:00am - 12pm closed Fri and Sun	1755 13th Street SE	503-364-9936
St Vincent DePaul	Clothing and resource items for homeless persons.	3745 Portland Rd. NE	503-364-3210

**COUNSELING & CRISIS**

Agency / Name	Description	Address	Number
<b>BCN Access Coordinators</b>	<b>Help with finding a behavioral health provider for Marion/Polk OHP members.</b>		<b>503-361-2778</b>
<b>Crisis   Suicide Intervention</b>			
NWHS: Crisis & Information Hotline	24/7 Suicide intervention, crisis and information hotline		503-581-5535
Psychiatric Crisis Center	Marion County crisis center. Walk-in services 24/7	1118 Oak St. SE	503-585-4949
Marion County Youth & Family Crisis Services	Mental health screenings and services for youth 0 - 17	2421 Lancaster Dr NE	503-576-4673
National Suicide Prevention Hotline	National suicide hotline. Available 24/7		1-800-273-8255

**Child and Family Counseling & Support**

Catholic Community Services Community Counseling Center		3737 Portland Rd	503-390-2600
Marion County Children's Behavioral Health	Outpatient counseling services for youth and families	2421 Lancaster Dr. NE	503-588-5352
<b>Outpatient Mental Health   Accepts OHP</b>			
NWHS: West Salem Clinic Mental Health	Must be NWHS primary care patient	1245 Edgewater St NW	503-588-5816
Marion County Mental Health	Adult outpatient services.	3180 Center St. NE	503-588-5351
Polk County Mental Health	Counseling services for adults, youth, and families	182 SW Academy Dallas, OR 97338	503-623-9289
		1520 Plaza Street NE, Suite 150 Salem, OR 97304	503-585-3012
New Perspectives	Therapists/prescribers for children and adults.	565 Union St NE, Ste 105	503-316-6770
Valley Mental Health	Therapist/prescribers for children and adults.	821 Saginaw St S	503-362-1999

**DISABILITY SERVICES**

Agency/ Name	Description	Address	Number
NW Senior & Disability Services	Services for seniors and individuals with disabilities; information and referral	3410 Cherry Ave NE	503-304-3400
Vocational Rehabilitation Services	Employment assistance for individuals with disabilities	3402 Cherry Avenue NE, Suite 200	503-378-3587
		1701 Liberty St. SE	503-378-2483

**DOMESTIC VIOLENCE**

Agency/ Name	Description	Address	Number
Center for Hope and Safety	Marion County. Advocacy and help with legal processes.	24 Hour Hotline	503-399-7722
Sable House	Polk County. Advocacy. Help with legal processes.		503-623-4033

**DRUG AND ALCOHOL**

Agency/ Name	Description	Address	Number
<b>Outpatient Treatment   Accepts OHP</b>			
Bridgeway	Adult outpatient and residential treatment services	3325 Harold Dr NE	503-363-2021
Clear Paths	Outpatient treatment for adults, youth, and families.	3793 River Road N, Keizer	503-304-7002

**Outpatient Treatment | Accepts OHP**

Marion County Drug Treatment	Outpatient treatment services for those in Marion County. Referral to higher-level care.	3180 Center St NE	503-588-5358
Polk County Drug Treatment	Outpatient treatment services for those with OHP in Polk County. Referral to higher-level care.	182 SW Academy St, Dallas	503-632-8175
		1520 Plaza Street NW, Salem Suite 150	503-585-3012
<b>Detox Services</b>			
Bridgeway Recovery	Medically supervised detox. Intake screening 24/7.	Salem, OR	503-399-5597

**EDUCATION**

Agency/ Name	Description	Address	Number
Structured Learning	Serves SKPS students that have been expelled from middle or high school	3620 State St	503-399-5550
Downtown Learning Center	SKPS GED Services	360 Commercial St NE	503-399-3421
Teen Parent Program	SKPS alternative education for young parents	4071 Winema Place	503-365-4800

**EMERGENCY FINANCIAL ASSISTANCE PROGRAMS**

Agency/ Name	Description	Address	Number
NWHS Crisis and Info Hotline	Assistance to prevent evictions & disconnection of utilities for Salem residents. Must have disconnect notice or 72-hour notice. Call for eligibility info.		503-581-5535
Congregations Helping People	Assistance with rent & utilities. Hours are M-F from 9am-2pm	First United Methodist Church 600 State St	503-391-4365
Salvation Army	Assistance for those within Marion and Polk Counties. Please call for more info	1977 Front St. NE	503-585-6688
St. Vincent de Paul	Financial assistance for residents of Marion County.	3745 Portland Rd. NE	503-364-5672

**EMPLOYMENT SERVICES**

Agency/ Name	Description	Address	Number
Work Source of Oregon	Employment Dept	605 Cottage St NE	503-378-4846
Goodwill Job Connection	Employment Services, Free Skills Training	3535 Lancaster Dr NE	503-798-9103
		585 Edgewater St NW	503-831-7997
DePaul Industries	Staffing Agency	4660 Portland Rd NE Ste 108	503-856-9563

EMERGENCY FOOD ASSISTANCE, FOOD BOXES & MEAL SITES			
Agency/ Name	Description	Address	Number
<b>Meal Sites</b>			
Marion-Polk Food Share	Online directory of food pantries and meal sites in Marion and Polk Counties		<a href="http://www.marionpolkfoodshare.org">www.marionpolkfoodshare.org</a>
<b>Emergency Food Boxes   2-day emergency food boxes</b>			
NWHS Crisis & Info Hotline	Call for availability	694 Church St NE	503-581-5535
Salem House of Prayer	Call for availability	248 Liberty St NE	503-589-9176
Local DHS offices also have Emergency Food Boxes (See Social Services)			
<b>Food Assistance Programs</b>			
Willamette Valley Food Assistance Program	Membership-based. Weekly shopping of food/product for minimal monthly cost.	888 Monmouth Cutoff Rd., Building E, Monmouth	503-831-5634
Hope Station Community Services	Membership-based. Bi-weekly shopping of food/product for minimal monthly cost and 2 hour volunteer commitment	1337 Madison St NE. Ste 115	503-339-7710

GRIEF & HOSPICE			
Agency/ Name	Description	Address	Number
Compassionate Friends	Support for families that have lost a child, of any age	Salem Hospital Building D- 3 <sup>rd</sup> Tuesday at 6:30 PM	503-743-3930
Willamette Valley Hospice	Contact the bereavement department for current groups	1015 3 <sup>rd</sup> St NW	503-588-3600
Suicide Bereavement Support	Support group for those impacted by a suicide death.	1233 Edgewater St NW	503-200-0382 or sbsnw.org

HEALTH & MEDICAL			
Agency/ Name	Description	Address	Number
<b>Dental   Accepts OHP</b>			
Capitol Dental Care	Local administrator of OHP covered dental services. Contact for questions regarding services.		1-800-525-6800
<b>Dental   Accepts OHP</b>			
Dental Urgent Care Center		1880 Lancaster Dr. NE	503-587-9949
NWHS West Salem Dental Clinic		190 Kingwood Ave NW	503-315-0712
<b>Insurance</b>			
Oregon Health Plan			1-800-699-9075
Willamette Valley Community Health	CCO for Marion/Polk OHP		503-584-2150

Public Health Departments			
Marion County Public Health Dept.	Immunizations and reproductive health	3180 Center St NE	503-588-5351
Polk County Health Department	Immunizations and reproductive health	182 SW Academy Suite 302, Dallas	503-623-8175
		1495 Edgewater St NW, Salem, OR 97304	503-585-3012
Clinics			
West Salem Clinic	Insured/ Uninsured; Sliding Scale Fee	1233 Edgewater NW	503-378-7526
Salem Free Medical Clinic		1300 Broadway St Ne Suite #104	503-990-8772
AIDS/HIV/STI's			
Marion County Health Department	Counseling/Testing for HIV and STI's		503-588-5357
Birth Control   Pregnancy			
Salem Women's Clinic	OB-GYN. Accepts OHP	1395 Liberty St. NE	503-399-2444
Planned Parenthood	Sexual Health Exams, Birth Control ,Pregnancy Testing	3825 Wolverine St NE	1-888-875-7820

HOMELESS SERVICES			
Agency/ Name	Description	Address	Number
Homeless Day Services & Centers			
HOAP	Mail ,lunch, laundry, showers, clothing; peer support, case management, housing assessments, access to health and medical services. Women only hours on Mon & Thur 9am-11am.	694 Church St NE	503-588-5827
ARCHES Project	Mail Service. Bagged lunches. Referrals. Under renovation as of 5-15-2018. Call for more info about services.	615 Commercial St. NE	503-399-9080
Adult Emergency Shelter			
Salvation Army Lighthouse Shelter	Overnight shelter for eligible men and women. Daily intakes between 1pm-3pm. Once approved you can stay up to 90 days	1977 Front Street	503-585-6688
Union Gospel Mission (UGM)	Emergency Shelter/transitional programs for men	345 Commercial St NE	503-362-3983
Simonka Place Shelter (UGM)	Emergency Shelter/transitional programs for women and children (No boys over the age of 12)	5119 River Rd N, Keizer	503-362-7487

**Family Shelter/Transitional Housing Programs**

Family Promise of the Mid-Willamette Valley (Formerly Salem Interfaith Hospitality Network)	Temporary housing for homeless families. Case Management and family support services are available.	1055 Edgewater St. NW	503-370-9752
St. Francis	20 shelter and low-income housing units, provide housing and case management	1820 Berry St SE	503-588-0428
St. Joseph	Temporary housing for homeless families in rural Marion county	925 South Main St., Mt Angel	503-845-6147
Women of the Well-Grace House	Transitional housing for women without children	1243 Peace St SE	971-600-3627

**Youth Emergency Shelter**

NWHS HOST Program	Emergency Overnight Shelter for youth 18-24	1143 Liberty St. NE	503-588-5825
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**See Also: YOUTH SERVICES for youth-oriented homeless day services**

**HOUSING ASSISTANCE**

Agency/ Name	Description	Address	Number
Marion County Housing Authority		2645 Portland Rd NE	503-798-4170
City of Salem Housing Authority		360 Church St SE	503-588-6368
West Valley Housing Authority		204 SW Walnut, Dallas	503-623-8387

**See Also: Emergency Financial Assistance Programs for rent payment assistance.**

**LEGAL**

Agency/ Name	Description	Address	Number
Fair Housing Counsel	Relief for victims of illegal housing discrimination	1221 SW Yamhill St #305 Portland, OR 97205	503-223-8197
Marion County Court Care	Free childcare so that parents can attend to court related business. Mon-Thur from 8:00 AM-5:15 PM	Salem Family YMCA- 685 Court St NE	
Legal Aid Services of Oregon	Offers assistance with family law, housing law, public benefits, and <b>senior</b> issues.	105 High Street SE	503-581-5265
Oregon Law Center	Offers assistance with housing, employment discrimination, and immigration matters	494 State Street, Suite 410	503-485-0696



PRESCRIPTION PAYMENT ASSISTANCE			
Agency/ Name	Description	Address	Number
NWHS Crisis and Info Hotline	Emergency prescription payment assistance. Call for eligibility requirements.		503-581-5535
Prescription Assistance	<a href="http://www.needymeds.com">www.needymeds.com</a> <a href="http://www.rxhope.com">www.rxhope.com</a>		

SIGHT & HEARING PROGRAMS			
Agency/ Name	Description	Address	Number
Oregon Lions Club	Assistance with prescription eyeglasses and hearing aids.		971-270-0203 or lionsclubreferrals@olshf.org
St. Vincent De Paul	Prescription Glasses assistance		503-362-3210

SOCIAL SERVICES			
Agency/ Name	Description	Address	Number
<b>Department of Human Services</b>			
Salem Branch		3420 Cherry Ave, Ste 110, Salem 97303	503-373-0808 Fax: 503-378-4185
North Salem Branch		4074 Winema PI NE, Ste 100, Salem, OR 97305	503-378-2731 Fax: 503-378-5095
South Salem Branch		1185 22nd St SE, Salem, OR 97302	503-378-6327 Fax: 503-378-3700
Oregon Health Plan			1-800-273-0557
SNAP Food Benefit Hotline		500 Summer St NE #E15	1-888-997-4447
SNAP Card Replacement Line			1-855-328-6715
Northwest Senior & Disability Services			1-866-206-4799
Aging and Disability Resource Connection	ADRC of Oregon		1-855-673-2372

TRANSPORTATION			
Agency/ Name	Description	Address	Number
Logisticare	WVCH covered transportation services to medical appointments		1-844-544-1397
Cherriots		555 Court St NE	<b>Rider Info:</b> 503-588-2877
Cherrylift	Bus transit for persons with disabilities. Must complete application for eligibility. Rides must be scheduled 24 hours in advance.		503-361-7554 <a href="http://www.cherriots.org/en/lift">www.cherriots.org/en/lift</a>
Shop and Ride	Services for seniors 60 and over, and persons with disabilities. Routes pick you up and take you to designated store locations. Also dial-a-ride services		503-315-5544 <a href="http://cherriots.org/en/shopandride">cherriots.org/en/shopandride</a>

TRANSPORTATION			
Agency/ Name	Description	Address	Number
Polk County Flex	Serves Dallas, Monmouth, Independence. Must be scheduled 24 hours in advance.		503-315-5544 <a href="http://cherriots.org/en/pcf">cherriots.org/en/pcf</a>
Ride Share Program	Information about carpooling, van share, bicycling and walking route info.	555 Liberty St. SE	503-371-7665

UTILITIES/UTILITIES PAYMENT/ENERGY ASSISTANCE			
Agency/ Name	Description	Address	Number
<b>Utility Companies</b>			
NW Natural Gas	Call to inquire about bill-payment assistance		503-585-6611
PGE	Payment plans or medical certificates are available		Customer Service: 503-228-6322
Salem Electric	W Salem/Keizer utility company. Offers internal payment assistance program for qualified applicants	633 7th St NW	503-362-3601
City of Salem Utility Services	City of Salem water services. Offers information on payment assistance as well as a wastewater rate assistance program.		503-588-6099
<b>To apply for assistance with utility payment: Contact individual programs for eligibility and service areas.</b>			
Mid-Valley Community Action Agency- Low Income Home Energy Assistance Program	Natural gas, electric, and fuel assistance for eligible households. Marion and some Polk County.	1850 45th Ave NE East Salem Community Center	503-588-9016
Lifeline Service	State program offering information about free and discounted phone and broadband services		1-800-848-4442

VETERANS			
Agency/ Name	Description	Address	Number
Salem Area Veterans Services Office	Help with connections to state and federal benefits. Walk-ins welcome Wednesdays from 8:30-11:30 am	700 Summer St NE	503-373-2085
Salem Vet Center	Counseling, outreach, and referral services to Veterans and their families.	2645 Portland Rd. Ste 250	503-362-9911
VA Portland Health Care System: Salem	Primary Care and Mental Health	1750 McGilchrist Se SE, Ste 130	971-304-2200
Oregon Employment Department- Veteran Services		875 Union St NE, Salem	800-237-3710
<b>Homeless Veteran Programs</b>			
Easter Seals Homeless Veteran Reintegration	Help homeless veterans in their efforts to return to work.	605 Cottage St	971-283-4973

**Homeless Veteran Programs**

ARCHES- Supportive Services for Veteran Families	Services for low-income veterans experiencing or at-risk of becoming homeless	615 Commercial St NE	503-399-9080
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**YOUTH SERVICES**

<b>Agency/ Name</b>	<b>Description</b>	<b>Address</b>	<b>Number</b>
Oregon Youthline	Free, confidential teen-to-teen crisis and help line.		1-877-968-8491
			Text "teen2teen" to 839863

**Youth Social Activities**

Youth ERA: Salem Drop Center	Monday-Friday 3pm to 6pm	246 State St.	(458) 210-8641
Boys and Girls Club		1395 Summer St NE	503-581-7383
YMCA		685 Court St NE	503-581-9622

**Homeless Youth Services**

<b>HOME</b> Resource and Teen Center	Open 11am-7pm, Lunch, dinner; clothes once a month, must attend school	625 Union St NE	503-391-6428
NWHS HOST Program	<b>Evening Center</b> ages 16-24 Sun & Sat 8pm-10pm; <b>Overnight Shelter</b> ages 18-24 10pm-8am; <b>Day Center</b> M-F 9am-2pm ages 16-24	1143 Liberty St NE	503-588-5825